# Free Diabetic Foot Screening Clinics

## Diabetes Canada recommends yearly foot exams for all people with diabetes.

### **What to Expect**

- Quick foot assessment with a health professional
- Potentially find small issues before they become big problems
- Learn simple daily habits to keep your feet healthy



#### **Dates & Locations**

<b>Brockville</b> , Leeds Grenville Paramedic Service John Howard Society Building, 125 Stewart Blvd	Wednesday, November 12 1:00 pm - 4:00 pm
Carleton Place, The Station Active Living Centre 132 Coleman St	Wednesday, November 26 1:00 pm - 4:00 pm
<b>Smiths Falls</b> , Rideau Community Health Services 2 Gould St., Unit 118	Wednesday, December 10 9:30 am - 3:30 pm
<b>Westport</b> , Country Roads Community Health Centre 49 Bedford St.	Wednesday, December 3, 9:00 - 4:00 pm

#### Register to Participate

Spots are limited! Call today for more information and to book your free screening:

1-877-321-4500

