## **Advanced Care Planning Workshop**

Advance Care Planning (ACP) includes thinking about what matters most to you in your life and what that means for your health and personal care. ACP helps you share your wishes and preferences with people who are important to you so they can help make sure you get the care you want.

- What are your wishes and preferences
- Who is ACP for?
- Why create an advance care plan
- How to get started

Wednesday September 17<sup>th</sup> from 1 pm - 3 pm 2 Gould St Smiths Falls To register, contact Brad 613-283-6745 email: bradd@chslc.ca



## **Community Home Support**



- Lanark County -

Services for Seniors and Adults with Physical Disabilities