

# AGING WELL TOGETHER

## A Seniors' Community Connections Event

Come and receive on-the-spot services, assistance and information from local health, social service and community organizations.



Rideau Community  
Health Services



ODSP

Ontario Disability Support Program



Tuesday,  
November 10,  
2026



9:00am -  
3:00pm



Employment Education Centre  
105 Strowger Blvd, Brockville ON

FREE  
TO  
ATTEND



### Health & Wellness

- Dental Team
- Community Pharmacist
- Community Health Worker
- Diabetes Support
- Clinic Nurse
- Mental Health & Addictions



### Community & Social Supports

- Food Security & Assistance
- Peer Support
- Financial & Income Assistance
- Community Resources & Referrals



EVERYONE  
WELCOME



FOR MORE INFO CALL  
**613-498-1555**



Brockville AREA  
**FOOD BANK**  
Helping feed people.

ServiceOntario

Leeds  
Grenville



LANARK, LEEDS AND GRENVILLE  
**ADDICTIONS AND  
MENTAL HEALTH**  
THE RIGHT CARE • THE RIGHT TIME • THE RIGHT PLACE



EMPLOYMENT +  
EDUCATION CENTRE  
EVERFORWARD