



Rideau Community
Health Services

Food Cupboard Program



The Food Cupboard Program is open:

Every Tuesday from 10am - 2pm
1st and 3rd Wednesdays from 5pm-7pm

Call (613) 269-3400 ext. 247 for more information

**Donations can be made via our
website at www.rideauCHS.ca**



RCHS funding is provided by Ontario Health - East Region, the Ontario Ministry of Children, Community and Social Services and by the communities and people we serve.