



Rideau Community
Health Services

GOOD FOOD BOX PROGRAM

Affordable Healthy Food
For Everyone!



**TO ORDER, CONTACT
JOANNE FRANEY AT (613) 269-3400 EXT 247**

Orders are due the 2nd Tuesday of each month.
Order pickup is the 3rd Tuesday from 10am-2pm.
Small Order - \$12.00 Large Order - \$20.00