

DROP IN CLINIC

For Early Detection of Kidney Disease

January 20, 2026, 11am-3pm

Rideau Community Health Services

2 Gould St, Unit 118, Smiths Falls



Indigenous-led, Indigenous-focused healthcare in our communities

If you or someone in your circle of care has a history of kidney disease, high blood pressure or diabetes, come to our free, drop-in kidney check clinic. Everyone welcome.

TRADITIONAL LUNCH FEAST

MÉTIS SPIRIT BEAD PAINTING

DRAWS / RAFFLES

LEARN SIMPLE STRESS REDUCTION TECHNIQUES

EDUCATIONAL AND COMMUNITY RESOURCES

Look for the Indigenous Interprofessional Primary Care Team (IIPCT) mobile van out front!



Kingston Health
Sciences Centre
Centre des sciences de
la santé de Kingston



Rideau Community
Health Services

