

# Community Health Clinic

John Howard Cabins

1805 County Rd 2, Brockville, ON K6V 5T1



Rideau Community  
Health Services

**RCHS will be at  
the John Howard  
Cabins on  
Thursday,  
November 21st  
from 10 AM to 3  
PM, offering a  
range of services  
and supports.  
Come by and  
connect with our  
team!**

**No  
Appointment  
Necessary!**

In partnership with

**JohnHoward**  
SOCIETY OF KINGSTON & DISTRICT

## The following supports are available:



### Foot Care

Offering basic foot and wound care, health education, and sensation screening.



### Dental Team

Assistance in applying to the Canadian Dental Plan.



### Community Health Worker

Support navigating systems and community resources.



### Therapeutic Art

Explore your creativity and find healing through therapeutic art.



### Dietitian

Learn about general nutrition, local food resources, easy recipes, and how to use kitchen appliances to prepare healthy meals.



### Diabetes Nurse

Providing blood sugar and blood pressure checks/education.