

# Free Diabetic Foot Screening Clinic

**Diabetes Canada recommends yearly foot exams for all people with diabetes.**

## What to Expect

- Quick foot assessment with a health professional
- Potentially find small issues before they become big problems
- Learn simple daily habits to keep your feet healthy



## Rideau Community Health Services

2 Gould St., Unit 118, Smiths Falls

**Wednesday, December 10**

9:30 am – 3:30 pm

## Register to Participate

Spots are limited! Call today for more information and to book your free screening:

**1-877-321-4500**



**Lanark, Leeds & Grenville  
Ontario Health Team**

Working together to improve care in our communities