



FREE PARKINSON'S EXERCISE CLASS

TUESDAYS @ 11:30-12:30PM

RIDEAU COMMUNITY HEALTH
2 GOULD STREET
SMITHS FALLS, ON

ENROLL NOW!

**FOR MORE INFORMATION,
CONTACT KIM AT:**

**613-342-3693 EXT. 2303
OR TOLL-FREE AT
1-800-465-7646 EXT. 2303**



KDUCHARME@CPHCARE.CA



WWW.CPHCARE.CA

