



Present: Janet Cosier (Board Chair), Liz Snider, Bob Long, Terry Lee, Terry Gilhen, Deb McGuire, Jacques Pelletier, Michèle Le Blanc, Ian Donald, Katie Weststrate, Sandy Shaw, Michele Bellows (CEO), Kelly Robinson, Director, Primary Care, Onalee Randell, Director, Community Services, Jane Page-Brown (recorder)

Regrets: none

1.	Welcome	
2.	Board Education – RCHS Programs and Community	Kevin Cloutier, the Executive Director of Open Doors for Lanark Children and Youth presented an overview of the agency which provides mental health services to children and youth throughout Lanark County. (Presentation slides are attached to the minutes)
3.	*Approval of agenda	MOTION: That the Board agenda be approved as circulated: Moved by: L. Snider, Seconded by: T. Gilhen Carried.
4.	Declaration of Conflict of Interest	
5.	Consent Agenda 5.1 *RCHS Board Minutes – Sept. 24, 2019	MOTION: That the September 24, 2019 Board meeting minutes be approved. Moved by: M. Le Blanc, Seconded by: J. Pelletier Carried.
6.	*CEO Report	<p>M. Bellows presented the following highlights from her written report:</p> <p>Hospice Care:</p> <ul style="list-style-type: none"> - Recent meeting with Dr. B. Guppy (CEO), PSFDH, and Dr. L. Wahay, a local physician to advocate for hospice care and discuss potential role for the hospital - Carleton Place and Almonte Hospitals have expressed an interest in creating a hospice - Discussions to continue as funding is still available for local hospice beds <p>Ontario Health Teams:</p> <ul style="list-style-type: none"> - Meetings with local partners are planned for the next few weeks to discuss local data set provided by the Ministry as well as continued discussions on potential OHT formation for LLG <p>Capital Project:</p> <ul style="list-style-type: none"> - October 11th – M. Bellows T. Lee and B. Long met with MPP Randy Hillier - MPP Hillier offered to communicate with the Minister of Health to encourage a meeting between all parties; potentially to be held in Smiths Falls - October 21st - M. Bellows, T. Lee and B. Long attended a tour of CPHC (Community Primary Health Care) - Facility is comprised of two organizations – a Family Health Team on one side and a seniors support agency on the other (approximately 24,000 sq. ft.) - Tour was hosted by reps from development firm from Ottawa that designed the CPHC facility - Project cost about \$6.5M – of which 20% relied on fundraising



		<ul style="list-style-type: none"> - Proposed Smiths Falls facility is estimated to be 40,000 sq. ft. and is contingent on a planning grant from the Ministry of Health <p>Next steps:</p> <ul style="list-style-type: none"> - Meeting with MPP Steve Clark to discuss continued advocacy efforts for Phase 2 planning grant - Abid Malik from the Sussex Group is working to coordinate meetings for RCHS with senior policy analysts with health, primary care, and community portfolios - A briefing note is being developed which will outline risks if funding for the project is not received and will be attached to letters of support from community partners <p>Other CEO Updates:</p> <ul style="list-style-type: none"> - A formal update and briefing note re: the Community Engagement Council to follow at the November Board meeting - Recent meetings with Smiths Falls NP Led Clinic indicate potential for increased discussions and collaboration - The process to transfer ownership of 354 Read Street to RCHS from the Municipality is in the final stages with a few details left to complete
7.	Board Chair Report (verbal report)	<p>J. Cosier provided the following update:</p> <p>CP Holiday Train event:</p> <ul style="list-style-type: none"> - L. Snider is taking the lead to offer Board support <p>Health Links (HL):</p> <ul style="list-style-type: none"> - Health Links funding is wrapping up - Steering Committee will continue to meet - HL philosophy which focuses on coordinated care plans is embedded in RCHS functions - Collaborative Governance Forum (Friday November 22nd): - Invitations have been sent by email - Focus will be on OHTs - Team from Northumberland has submitted a full application and will present their process - Adriana Tetley, the Alliance ED will attend and discuss the role of Boards in the new OHT environment - All RCHS Board members are encouraged to attend if possible



<p>8.</p>	<p>Committee Reports</p>	<p>8.1 Governance and Nominating Committee</p> <ul style="list-style-type: none">- T. Gilhen reported on the meeting held prior to the Board meeting- Topics included: Board Governance Action Plan, recruitment/succession planning, policy review- Proposal for the generative discussion at November 26th Board meeting to focus on Board succession and recruitment planning leading to the spring AGM- Board agreed this was an important discussion to have at this time- Confirmed that the discussion will be led by L. Snider and D. McGuire- In the interim, the idea of inviting potential Board members to attend meetings as observers was well received; though it was agreed that to ensure a fluid process these invitations should be passed through the Board Chair- Four governance policies were reviewed and will be included on the November Board agenda for Board approval <p>8.2 Finance Committee</p> <ul style="list-style-type: none">- T. Lee provided an update from the meeting held prior to the Board meeting.- Three policies were reviewed; GOV 71 Finance Committee TOR; GOV 301 Appointment of Auditors; and GOV 301 Banking, Investments and Signing Authority; and will be included on the November Board meeting for Board approval- Q2 financials were reviewed – to be approved under agenda item #10 (see below)- Proposal to SE LHIN for re-allocation funds to support budget pressures due to rent increases <p>8.3 *Board Liaison Orientation</p> <ul style="list-style-type: none">- L. Snider provided a summary of her role as Board Liaison- Role provides a mechanism to connect with Alliance and other Board members; and to better understand and gain insight into government changes- Opportunities to connect are provided via webinars and face-to-face at the Alliance AGM- Annual Alliance AGM and Conference will be held on June 10-11th (More details to follow)- Reminder of the November 12th webinar on 'Changes to the Health System' – details provided with the agenda- Agreed the Board Liaison report will be a standing agenda item to keep Board members up to date on new information and resources
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9.	Business for Discussion	9.1 Health System Transformation – Ontario Health Teams - Covered in CEO report above
10.	Business Requiring Decision of Board	<p>10.1 Approval of Q2 Financials</p> <ul style="list-style-type: none"> - T. Lee explained that the Finance Committee has reviewed the Q2 Financial statements and recommends that they be put forward for Board approval. The statements will be included in the November 26th Board agenda package. (T. Lee noted that there is an item on the last page in the amount of \$160,000 which he explained is a contribution from the Chawla Family Foundation. It is being used to cover the cost of the lease hold improvements to the new Brockville office location.) <p>MOTION: That the 2nd Q financials be accepted as presented. Moved by: T. Lee, Seconded by: J. Pelletier Carried.</p> <p>10.2 Approval of the extension of Sussex Group Contract</p> <ul style="list-style-type: none"> - It is the recommendation of the Finance Committee to extend the services of the Sussex Group using Board funds. <p>Motion: To extend the Sussex Group contract up to a maximum of \$5000. Moved by: T. Lee, Seconded by: S. Shaw Carried.</p>
11.	*Generative Discussion: RCHS Fund-Raising Strategy	<p>J. Pelletier, I. Donald and M. Bellows led the generative discussion as outlined in the presentation slides which were included with the agenda package.</p> <p>The following themes emerged from the discussion:</p> <ul style="list-style-type: none"> - Competition for fundraising dollars is not always a bad thing as it can help build partnerships - Current focus on the development of OHTs should not be a barrier for RCHS - A diverse source of funds to draw on in the face of potential budget cuts in the future is a motivating factor - While altruism is often a key driver for individuals to donate, another key message to include in fundraising strategies is the concept of investing in a goal or 'impact- based' funding - Board would like to increase education and understanding of the process and governance components associated with fundraising; as well as existing and needed capacity to move forward with a deliberate fundraising strategy for RCHS - Agreed that external advice from professionals in the field of fundraising would be beneficial - Next steps to include a focused discussion or retreat to include external advice from



		<p>professionals in the field of fundraising, as well as experiences of similar agencies</p> <ul style="list-style-type: none"> - J. Pelletier and I. Donald will take the lead on planning this session
12.	Meeting Evaluation	<p>T. Gilhen reported a 100% response rate for the September meeting evaluation. The overall score for the meeting was 3.67 out of 4.0</p> <p>General comments:</p> <ul style="list-style-type: none"> - Good documentation; enjoyed the generative discussion and staff presentation; - Least effective item was the consent agenda; - Meeting went over the allotted time <p>General discussion followed with a suggestion to explore changes to current survey format (e.g. shorter survey, distribute quarterly, seek real-time verbal feedback, etc.)</p> <p>T. Gilhen, M. Bellows and J. Page-Brown will meet to explore options for the Governance & Nominating Committee to consider.</p>
13.	In camera Session (if needed)	In-camera session not required
14.	Next Board meeting:	Tuesday November 26, 2019 (Location: Smiths Falls site - Community Room)
15.	Adjournment	MOTION: That the meeting be adjourned at 7:45pm Moved by: B. Long Carried.

Approved by:

Chair

J. Long

Date

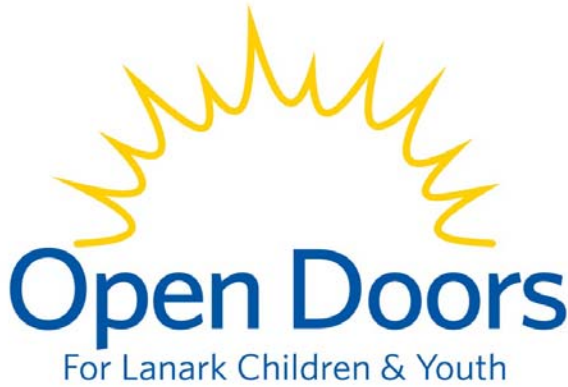
Feb 21 / 20

Secretary

T. Gilhen

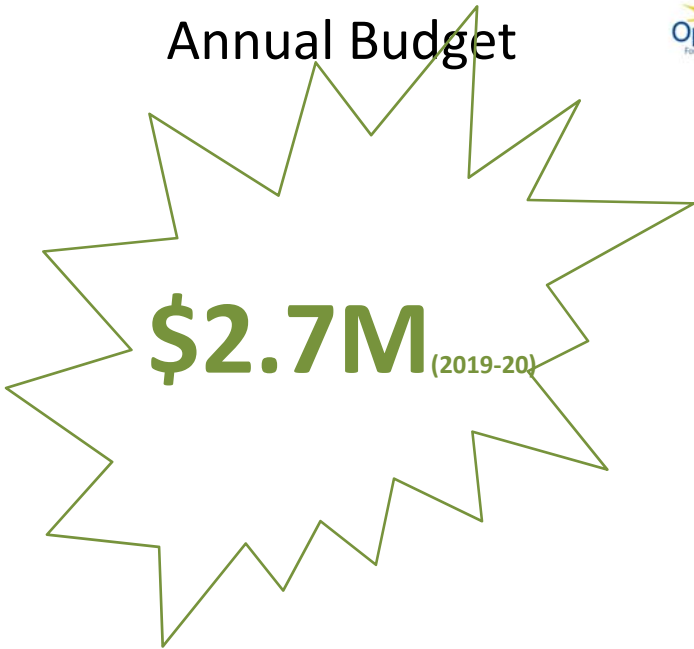
Date

Jan 28, 2020




Open Doors
For Lanark Children & Youth

Offices
88 Cornelia Street, Smiths Falls
40 Sunset Blvd., Perth
130 Lansdowne Ave., Carleton Place



Annual Budget



\$2.7M (2019-20)

Physical Plants



Clinical Staff Complement



- 2 Section 23 Mental Health (1 FTE)
- 1 Youth in Transition
- 2 Intensive-in-home
- 12 Registered Psychotherapists and Social Workers

2018-19 Demand for Service



Male **+65**

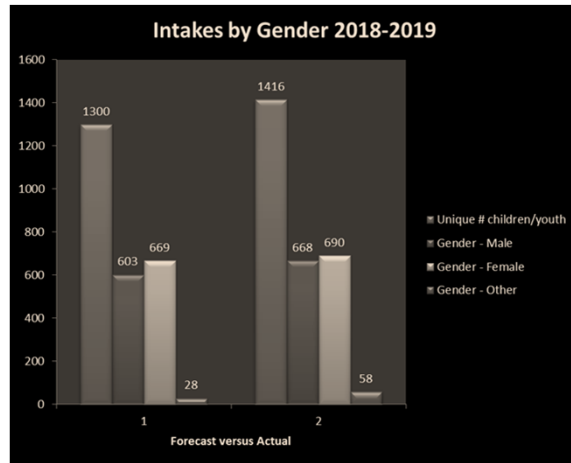
Female **+21**

Other **+30**

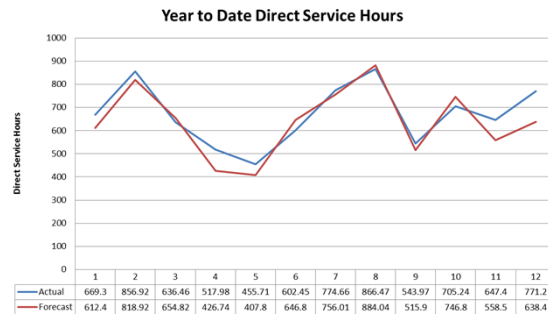
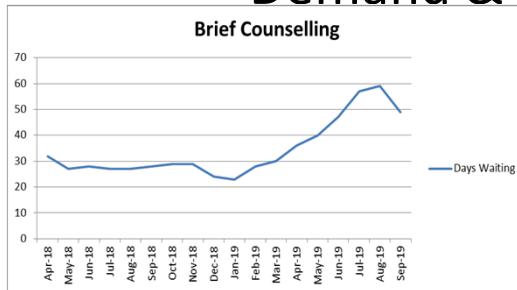
Unique Children **+116**



Colour Logo new smaller.jpg



Demand & Supply



Non-Exhaustive Listing of Service Offerings



Direct Clinical Services

- Walk-in Clinics
- Brief Counselling
- Counselling
- Parent Education
- Group Counselling (Parent & Children)
- Hospital ED consultation
- EMDR
- In-home Intensive
- Youth-in-Transition
- Crisis
- Section 23 Classroom
- Case Coordination
- School Mental Health
- Specialized Consultation Psychiatry, Psychology

Community Services

- Planet Youth Lanark County (Icelandic Prevention Model)
- Lanark Municipal Drug Strategy Steering Committee
- Best Start
- Lanark County Child and Youth Services Collaborative
- LLG FASD
- LLG Special Needs Strategy
- Lanark CwSN Committee
- CDSBEO SEAC
- LCYAC
- VTRAC
- Situation Table
- Parent & Youth Engagement

Sessional Evaluation



Outcome Rating Scale (ORS)

Client Name _____ Client # _____
 Date: _____
 Who is filling out this form? Youth _____ Caretaker _____
 If caretaker, what is your relationship to this child? _____

Looking back over the last week, including today, help us understand how you have been feeling by rating how well you have been doing in the following areas of your life, where marks to the left represent low levels and marks to the right indicate high levels. If you are filling out this form for another person, please fill out according to how you think he or she is doing.

Individually
(Personal well-being)

-----|-----

Interpersonally
(Family, close relationships)

-----|-----

Socially
(Work, school, friendships)

-----|-----

Overall
(General sense of well-being)

-----|-----

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Session Rating Scale (SRS V.3.0)

Client Name _____ Client # _____
 Date: _____
 Who is filling out this form? Youth _____ Caretaker _____
 If caretaker, what is your relationship to this child? _____

Please rate today's session by placing a mark on the line nearest to the description that best fits your experience.

Relationship

I did not feel heard, understood, and respected. -----|----- I felt heard, understood, and respected.

Goals and Topics

We did not work on or talk about what I wanted to work on and talk about. -----|----- We worked on and talked about what I wanted to work on and talk about.

Approach or Method

The therapist's approach is not a good fit for me. -----|----- The therapist's approach is a good fit for me.

Overall

There was something missing in the session today. -----|----- Overall, today's session was right for me.

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Clinical Outcomes Closed Files



- As at March 31, 2019
 - Average Sessions: 4.5
 - Average Treatment Duration: 106 days
 - Percentage Above Clinical Cut-off/5 pt 77%
 - Percentage Deteriorated/5 pt 6.2%

Annual Budget



\$2.7M (2019-20)

ODLCY Hopes & Aspirations



Ministry of Health & Long Term Care (Lifespan)

– 5C Healthcare Innovations –Culture of Health

- **C**onsumer driven, person-centred; taking charge of personal healthcare
- **C**ommunity-based models to deliver integrated continuum of care
- **C**reating “proof of concept” to build evidence-based innovation
- **C**reating knowledge and health literacy through technology
- **C**reating of next generation healthcare mentors & coaches