



48th Annual General Meeting
 Tuesday, June 27, 2023, at 5:30pm
 Smiths Falls Memorial Community Centre
 71 Cornelia St. W., Smiths Falls, Ontario

In attendance	<p>RGHS Board Members: Janet Cosier (Chair), Christopher Cummings (Vice Chair), Sandra Shaw (Secretary), Dorothy Thomson, Jackie Lord, Sandy Mark, Juli Heney, Michele Bellows (CEO), Kristian Gundersen (Executive Assistant/Recorder)</p> <p>Vote by Proxy: Stefany Kawka, Terry Gilhen, Don Palmer, Christine Joli-Coeur</p> <p>Board Nominees: Irv Mazurkiewicz, Sharon O'Hara, Bridget Bygrave, Tim Woods</p> <p>RGHS Staff Members: Cherie Crawford (Manager – Primary Care), Sam Davidson (Manager – Health Promotion), Tracey Fuller (Manager – Community Programs), Lisa Wan (Manager – Administrative Services), James Neusy (Manager – Corporate Services), Anne Caron (Director – Corporate Services & CFO), Christine Nadeau (Physician), Simon Wright (Social Worker), Joanne Franey (Community Health Worker), Roslyn Dacey (Dental Hygienist)</p> <p>Guests: Katie Mahon (Auditor – KPMG), Lori Taylor (The Table Community Food Centre), Calvin Neufeld</p>
Regrets	None

1.	Call to Order & Land Acknowledgment	<p>Janet Cosier, Board Chair, called the meeting to order at 5:30pm and provided the following land acknowledgement:</p> <p>We respectfully acknowledge that we are located on the traditional territory of the Algonquin Anishinaabeg. We offer our gratitude to the First Nations, Inuit, and Metis for their care and teachings about our earth and relations. May we honour these teachings in ways of reconciliation, and in the delivery of our services to improve the health and wellbeing of the communities we serve.</p>
2.	Adoption of Agenda & Additions	<p>Motion: That the agenda for the 2023 Annual General Meeting be approved as circulated. Moved by: Juli Heney Seconded by: Sandra Shaw Carried.</p>
3.	Adoption of Minutes	<p>Motion: That the minutes of the Annual General Meeting held on September 13, 2022 be approved as circulated. Moved by: Sandy Mark Seconded by: Sandra Shaw Carried.</p>

4.	Declaration of Conflict of Interest	None declared.
5.	Education Session: Calvin Neufeld “Finding Balance in Gender Health”	<p>Sam Davidson, Manager of Health Promotion, introduced Calvin Neufeld who delivered a presentation entitled “Finding Balance in Gender Health”.</p> <p>Calvin is a trans man and a social justice advocate working at the intersection of human rights, animal rights, and environmental justice. Since 2009, Calvin has been a speaker to schools and community groups providing diversity education. In 2016, he co-founded Kingston VegFest and the research and advocacy group Evolve Our Prison Farms. He has also worked as a freelance journalist, editor, and legal researcher. In the 2021 federal election, Calvin was the Green Party candidate for Lanark-Frontenac-Kingston. He lives with his wife and ten-year-old son in Perth, Ontario.</p> <p>The presentation highlighted the progress over the last several years for the LGBTQ community and trans healthcare. Calvin spoke to the difficulties young people face when discovering who they are and what gender means to them. He highlighted that finding balance is important for our healthcare system when supporting young people through the challenges that come with transitioning.</p> <p>Janet Cosier thanked Calvin for his informative presentation.</p>
6.	Report from the Chair of the Board	<p>Janet Cosier, Board Chair acknowledged the board and staff for the many accomplishments and contributions over the last year.</p> <p>She provided the following highlights:</p> <ul style="list-style-type: none"> • The Board of Directors met regularly over the 2022-2023 year, with most meetings being held virtually. • A new education session has been introduced at the beginning of each board meeting which allows the board an opportunity to hear from staff and management on programs and services as well as current initiatives taking place internally. • The first in-person board retreat in several years was held this past spring at RCHS’s Smiths Falls Location. One of the main focuses of the retreat was learning about and discussing health systems transformation. The board welcomed the Chief Regional Officer of Ontario Health, Anna Greenberg, to share some of the priorities of the province and to emphasize the key areas associated with integrated healthcare. • The board spent a fair amount of time reviewing governance policies and processes, many of which have been updated and modernized. • The board’s recruitment and selection processes have been enhanced to ensure increased diversity in the board composition.

		<ul style="list-style-type: none"> A board Capital Development Committee has been established following the approval of a \$200,000 planning grant towards the development of an Integrated Health and Social Services Hub in Smiths Falls.
7.	Report from the Chief Executive Officer	<p>Michele Bellows, CEO, welcomed staff, board members, and guests from the community. She noted there were many achievements experienced in 2022-2023, and the strength and compassion demonstrated by the teams on a daily basis is nothing short of inspiring.</p> <p>Michele reported that the organization continues to expand its capabilities to serve its clients and communities as well as providing high-quality care and services, which include:</p> <ul style="list-style-type: none"> Partnering with Royal Ottawa Hospital to provide Cognitive Behavioural Therapy Services in the area Partnering with Royal Ottawa Hospital to provide a 3M Clinic (Memory, Medication, Mental Health) Expanding services to the Brockville area to support vulnerable populations living in congregate living settings and persons who are experiencing or at risk of experiencing homelessness. <p>She provided the following highlights:</p> <ul style="list-style-type: none"> RCHS teams are partnering more than ever across the region, including enhancements to the telemedicine program and planning for a centralized booking system (working with the Lanark, Leeds, and Grenville Ontario Health Team). Looking regionally to assess the needs for high-risk chiropody and foot care. Acting as an instrumental partner in mobilizing the Access MHA (Mental Health and Addictions) program throughout the region, closely working with partners and the OHT to make this important service successful. Successfully maintaining and improving access during COVID-19. Moving ahead with implementation of best practices in the RCHS dental suites and ensuring a full complement of dedicated staff across each location in the region. The Primary Care team has expanded their use of technology by optimizing new platforms that have become available such as Ocean and Caredove while continuing to roster new clients. <p>In closing, Michele noted that the organization is driven by its quality teams and has been thoughtful and deliberate in understanding its role in the healthcare system, making equity, diversity, inclusion, and justice a priority. Although there is work to do to ensure a culture of inclusion for our clients, staff, and community, RCHS is providing ongoing learning opportunities in addition to the creation of an equity, diversity, inclusion, and justice committee. The organization remains committed to rewriting internal policies to remove any unintended bias, and standing together with our communities to combat racism, discrimination, and social injustices.</p>

8.	Staff Popup: Dr. Christine Nadeau	Michele Bellows introduced Dr. Christine Nadeau, Staff Physician, who delivered a presentation on the newly implemented same-day respiratory & acute symptomatic clinics. This clinic provides same-day appointments to clients who are experiencing mild respiratory or other acute symptoms who are then assessed, appropriately treated, and only if needed, sent to hospital. This new clinic helps reduce visits to the emergency department by providing treatment in the community setting. If clients are referred to the emergency department, RCHS staff are able to liaise with hospital staff about the case, lessening the burden on hospital staff and physicians.
9.	Financial Summary & Auditor's Report for 2022-2023	<p>Chris Cummings, Board Vice Chair, introduced the organization's auditor, Katie Mahon of KPMG. Chris noted that this has been a fairly smooth year for the Finance and Audit Committee which met four times. He thanked management for the thorough and fulsome financial reports which were provided throughout the year and thanked the committee members and board for their support. He reported that the audit report was received and reviewed by the Finance & Audit Committee on May 25th, 2023 and was subsequently forwarded to the board for approval.</p> <p>Katie provided a brief overview of the audit for 2022-2023 and the associated process. She thanked the RCHS financial services team for their diligence throughout the year and their support throughout the audit process. It was reported the final audit report shows a clean audit with no significant issues.</p> <p>Motion: That the Auditor's Report for 2022-2023 and RCHS' 2022-2023 Audited Financial Statements be accepted as circulated.</p> <p>Moved by: Irv Mazurkiewicz Seconded by: Janet Cosier Carried.</p>
10.	Appointment of Auditors for 2023-2024	<p>C. Cummings noted that the organization is entering its final year of a three-year contract with KPMG following a tender process in 2020-2021. With the guidance and support of the Finance & Audit Committee, RCHS will go to tender in the new year for audit services for fiscal year 2024-25 and beyond.</p> <p>It was reported that the board is in support of appointing KPMG as auditors for RCHS for the 2023-24 fiscal year at the agreed upon rate of \$9,500.00 plus HST.</p> <p>Motion: That KMPG, LLP be appointed as auditor's for RCHS for the 2023-2024 period at a cost of \$9,500.00 plus HST.</p> <p>Moved by: Juli Heney Seconded by: Irv Mazurkiewicz Carried.</p>
11.	Staff Popup: Simon Wright	Sam Davidson, Manager, Health Promotion introduced Simon Wright, Social Worker, who delivered a presentation on the new yoga therapy group which was implemented in 2023. He highlighted the overwhelming success of the program and the many positive client outcomes experienced in the short pilot phase.

12.	Governance & Nominating Committee Report & Election of Directors for 2023-2024	<p>S. Shaw, Secretary and Chair, Governance & Nominating Committee provided an overview of the board’s recruitment efforts for 2023-2024 and outlined the established process. The slate of new candidates as recommended by the Governance & Nominating Committee and Board were presented. The board was successful in recruiting four excellent candidates to fill four director vacancies. Sandra invited each board candidate to introduce themselves to the membership.</p> <p>Motion: That the Governance & Nominating Committee Report be accepted and that the following returning directors and new nominees be elected for 2023-2024 for the following terms, as amended:</p> <table><tr><td>For a Two-Year Term: Sandra Mark (Director) Juli Heney (Director) Stefany Kawka (Director)</td><td>For a Three-Year Term: Dorothy Thomson (Director)</td></tr></table> <p>For a One-Year Term (Nominees): Irv Mazurkiewicz (Director) Sharon O'Hara (Director) Bridget Bygrave (Director) Tim Woods (Director)</p> <p>Moved by: Christopher Cummings Carried.</p>	For a Two-Year Term: Sandra Mark (Director) Juli Heney (Director) Stefany Kawka (Director)	For a Three-Year Term: Dorothy Thomson (Director)
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13.	Recognition of Retiring Directors	<p>Christopher Cummings took a moment to thank outgoing board members, Janet Cosier and Terry Gilhen for their valuable contributions. Terry, who has been a board member since 2017 has held several roles, most recently including Chair of the Governance & Nominating Committee. Janet, who has been a board member since 2016, has also held the Board Chair role for the last three years.</p>		
14.	Staff Popup: Sam Davidson and Joanne Franey	<p>Michele Bellows, CEO, introduced Sam Davidson, Manager of Health Promotion and Joanne Franey, Community Health Worker who delivered a presentation on the new Social Prescribing program. The organization was the successful recipient of a grant to implement this new program. Social prescribing is a holistic approach to healthcare that brings together the social and medical models of health and wellness. It bridges the gap between clinical and social care by referring patients to local, non-clinical services that are chosen according to the client’s interests, goals, and gifts. It allows doctors, nurse practitioners, and interprofessional health providers to formally refer patients through to community-based programs.</p>		
15.	Community Recognition Award	<p>Sandra Shaw, Chair, Governance & Nominating Committee presented the annual Community Recognition Award to The Table Community Food Centre. This award was introduced by the RCHS board 6 years ago, and is presented</p>		

		annually to an individual, group, or organization who has made significant contributions to the health and well-being of our communities.
16.	Staff Pop-up: Roslyn Dacey	Michele Bellows, CEO, introduced Roslyn Dacey, Dental Hygienist, who provided an overview of RCHS' oral health programs including the Ontario Senior's Dental Care Program and the Low-Income Dental Program.
17.	Comments from Incoming Chair	Christopher Cummings thanked everyone for the informative presentations. He congratulated the Table Community Food Centre for receiving the annual community recognition award, and thanked Lori Taylor, Board Member, for accepting the award on behalf of the organization.
18.	Adjournment	Janet Cosier, Board Chair, thanked all in attendance for their participation in Rideau Community Health Service's 48 th Annual General Meeting. Motion: That the 2023 Annual General Meeting be adjourned at 7:32pm. Moved by: Janet Cosier Carried.

Approved by:

Signed by:

Chris Cummings

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Chair

7/22/2024 | 3:41 PM EDT

Date

— Signed by:

Juli Henney

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Secretary

7/29/2024 | 8:24 AM EDT

Date