



Board of Directors Meeting Minutes

Tuesday, January 27, 2026

4:30pm – 6:30pm via Zoom

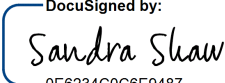
Present:	Sandra Shaw (Board Chair), Juli Heney (Vice Chair), Sharon O’Hara (Secretary), Irv Mazurkiewicz (Treasurer), Dorothy Thomson, Jackie Lord, Christopher Cummings, Sandy Mark, Stefany Kawka, Bridget Bygrave, Michele Bellows (CEO/Ex-Officio), Anne Caron (Director of Corporate Services), Corey Turnbull (Director of Integrated Care), Kristian Gundersen (Executive Assistant/Recorder)
Guests:	Donna Stratton (Community Health Worker), Cristina DiTomaso (Manager, Community Health and Wellbeing)
Regrets:	
Absent:	

	Agenda Items	Discussion
1.	Welcome & Land Acknowledgment	Sandra Shaw, Chair, called the meeting to order at 5:00pm and confirmed that quorum was met and that notice for the meeting was provided on Wednesday, January 21 st , 2026. She welcomed all in attendance and provided a land acknowledgement.
2.	Approval of Agenda	The agenda was circulated in advance for review and was approved as presented. Motion: That the RCHS Board agenda for January 27, 2026 be approved as presented. Moved by: Chris Cummings Seconded by: Dorothy Thomson Carried.
3.	Education Session	Topic: RCHS Mobile & ID Clinics Presenter: Donna Stratton, Community Health Worker <ul style="list-style-type: none"> • D. Stratton provided an overview of the implementation and impact of RCHS community-based outreach models supporting improved, equitable access to services and partner integration. • Highlights included: <ul style="list-style-type: none"> ○ Community outreach initiatives are successfully improving access to care for priority populations facing multiple barriers. ○ Strong collaboration with system partners is enabling integrated and low-barrier service delivery across multiple community settings. ○ Outcomes demonstrate positive impact, including high client and provider satisfaction and meaningful community engagement. <p>The Board thanked D. Stratton for her informative presentation.</p>
4.	Declaration of Conflict of Interest	None declared. Board members were reminded that as per GOV 80 – Conflict of Interest, a conflict can be noted at any time during or after the meeting if identified.
5.	Consent Agenda	5.1 Board Minutes – November 25, 2025

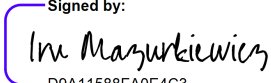
	Agenda Items	Discussion
		<p>5.2 Executive Committee Minutes – January 13, 2026</p> <p>5.3 Governance & Nominating Committee Minutes – January 6, 2026</p> <ul style="list-style-type: none"> i. GOV 130 - Recruitment (revised) ii. GOV 170 – Roles of Board Officers & Directors (revised) <p>5.4 Board Chair Report – January 2026</p> <p>Motion: That the consent agenda and items contained therein be approved as presented. Moved by: Juli Heney Seconded by: Irv Mazurkiewicz Carried.</p>
6.	CEO Report	Michele Bellows, Chief Executive Officer, directed members to her written CEO report included in the meeting package and provided highlights. Questions around implementation of artificial intelligence (AI) solutions and risk mitigation systems were answered.
7.	Business Requiring Decision of Board	None.
8.	Board Information Briefing & Discussion	<p>8.1 Recruitment Update 2026-2027</p> <p>S. O’Hara, Chair, Governance & Nominating Committee (GNC) reported that the committee is preparing for the 2026–2027 recruitment process to fill one anticipated vacancy. The recruitment campaign will commence shortly, with applications due March 1.</p> <p>Board members were encouraged to support recruitment efforts by sharing the posting through their networks, including social media and community channels. If any Board members are interested in participating in the interview process, they are invited to reach out to S. O’Hara.</p> <p>Improvements in the refreshed skills matrix results were noted, reflecting growth and increased skills amongst directors resulting from participation on the Board.</p> <p>8.2 Preview Operational Plan 2026-2027</p> <p>M. Bellows, CEO, referred members to the preliminary draft of the operational plan for 2026-2027, including quality improvement plan initiatives, included in the meeting package. Highlights of the initiatives being discussed internally were provided, noting that indicators and targets are being developed. The final plan, which will be aligned with the new strategic priorities when approved, will be shared with the Board for approval at the March meeting.</p> <p>8.3 Strategic Planning - Preliminary Report and Themes</p> <p>M. Bellows, CEO, referred members to the preliminary strategic plan report which was included in the meeting package. Ther report outlines the planning process undertaken to date, with key themes and trends identified for each engagement group. Several preliminary draft priorities based on the themes were identified and included for Board input.</p> <p>After some discussion, it was agreed that a strategic planning sub-committee should be formed with Board and senior team representation to review the draft strategic priorities and further refine prior to formal recommendation to the Executive Committee and the Board. The Board is asked to forward any further feedback, comments, or suggestions</p>

	Agenda Items	Discussion
		<p>related to the preliminary strategic planning report or the draft priorities identified for the sub-committee to include in their discussions.</p> <p>Work is underway internally to gather input from staff on the current mission, vision, and values. The feedback will be collated with input received to date across the various engagement groups. The strategic planning sub-committee will review this information and make a recommendation on refreshed mission, vision, and values along with the strategic priorities.</p> <p>The Board thanked Michele for her support and guidance throughout the strategic planning process.</p>
11.	Meeting Evaluation	The link to the post-meeting online survey was included with the agenda.
12.	Next Board meeting:	Tuesday, March 31, 2026 via Zoom
13.	Adjournment	<p>Motion: That the meeting be adjourned at 5:47pm.</p> <p>Moved by: Chris Cummings Carried.</p>

Approved by:

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Sandra Shaw, Board Chair
 4/29/2026 | 11:19 AM EDT

Date

Signed by:

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Irv Mazurkiewicz, (Interim) Board Secretary
 4/29/2026 | 12:25 PM EDT

Date