

# DIABETES STARTER GROUP

## DIABETES EDUCATION PROGRAM

A basic diabetes education class, facilitated by both a registered nurse and registered dietitian. Designed to provide information on basic diabetes topics, as well as encourage questions and answers from participants. For newly diagnosed diabetes or a diabetes education refresher for people with longstanding diabetes.



JOIN US

LOCATION	DATE	TIME
Brockville	December 12, 2023	9:30 - 11:30 a.m.
Smiths Falls	December 13, 2023	9:30 - 11:30 a.m.
Brockville	January 11, 2024	1:30 - 3:30 p.m.
Smiths Falls	January 15, 2024	1:30 - 3:30 p.m.
Carleton Place	February 20, 2024	9:30 - 11:30 a.m.
Brockville	February 23, 2024	9:30 - 11:30 a.m.
Brockville	March 14, 2024	1:30 - 3:30 p.m.
Smiths Falls	March 18, 2024	1:30 - 3:30 p.m.

**REGISTER NOW!**

FOR MORE INFORMATION, CONTACT 613-284-2558